

# E-CIGARETTES



E-Cigarettes are battery powered products that heat a **liquid containing nicotine and other chemicals**. Other names for e-cigarettes can include vaporizers, vape pens, hookah pens and e-pipes.



Nicotine liquids for e-cigarettes are **flavored**, which may increase use by youth.



The **long term health effects** of these products are not known.



Nicotine is **addictive** in any form and **poisonous** in high doses.



E-cigarettes are made to **look like cigarettes**, cigars, pipes, pens and flashlights.



The vapor can release nicotine and **cancer causing chemicals**.

E-cigarettes are **NOT APPROVED** as a quit aid by the U.S. Food & Drug Administration (FDA).



Learn more and find support at [MaineQuitLink.com](http://MaineQuitLink.com)